

Assessing What You Like – Interest Inventory

Most people have more than one primary interest area. To learn what your strongest interest area is, pick the description that most closely resembles you. Place a #1 by the interest area that is most like you, a #2 by the interest area that is next most like you. Don't focus on what you do well, just think about what you like or prefer doing.

A. _____ I like work activities that include practical, hands-on problems and solutions; I enjoy dealing with plants, animals, and real-world materials like wood, tools, and machinery; I enjoy outside work.

B. _____ I like activities that have to do with ideas and thinking more than with physical activity; I like to search for facts and figures; I like to figure out problems in my head rather than to persuade or lead people.

C. _____ I like to work with activities that deal with the artistic side of things, like forms, designs and patterns; I like self-expression in your activities; I prefer not to have too many rules.

D. _____ I like to help other people and promote learning and personal development; I like to communicate with others rather than work with things, machines, or data; I like to teach, advise people, help others and be of service.

E. _____ I like to persuade and lead people; I like to make decisions; I like to work on activities that deal with starting and carrying out project and business ventures; I like taking action and taking risks for profit.

F. _____ I like working with details and data rather than ideas; I like to follow and/or create set procedures and routines; I like to work with precise standards rather than judging things for myself.

If you picked A, your interest area is called **Realistic**.

If you picked B, your interest area is called **Investigative**

If you picked C, your interest area is called **Artistic**

If you picked D, your interest area is called **Social**

If you picked E, your interest area is called **Enterprising**

If you picked F, your interest area is called **Conventional**

In order, my top interest areas are:

_____ _____ (For example RI, AE, EI,
#1 #2 etc.)

1 is called your primary interest area; # 2 is your secondary interest area.